



Don't forget to eat your vegetables.

The Blake School

Blake Lower School Lunch Menu

May
2019

In addition to our daily entrée choices, we also offer a sandwich and salad bar

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

1
Parmesan Crusted Fish Fillet
Herbed Orzo
Steamed Broccoli
Asian Quinoa Power Salad

2
Chicken Bahn Mi
Kale Chips
Steamed Edamame
Apple, Cheese & Chive Salad
Caramel Pretzel Bark

3
Sloppy Joe
Roasted Spring Vegetables
Rice Noodle Salad with Sweet Chili Sauce
Chocolate Milk

6
Pasta Bar
Meat, Marinara & Alfredo
Fresh California Medley
Chicken Waldorf Salad

7
Tex Mex Bowl
All the Fixings
Lemon Arugula Salad

8
Mongolian Beef Stir Fry
Steamed Rice
Pear & Feta Salad

9
Sub Sandwich
Turkey, Ham or Egg Salad
Pretzels
Fruit Vut Veggies
Tuscan Pasta Salad
Orange Dreamsicle

10
Early Dismissal

13
Japanese Chicken & Ramen
Sauteed Cabbage
Spring Mix with Balsamic Vinaigrette

14
Roti Wrap Featuring Ferndale Market Turkey
Stewed Lentils
Stir Fry Vegetables
Cucumber Salad

15
Garden Pasta Alfredo
Fresh Baked Breadstick
Roasted Brussels Sprouts
Asian Chicken Salad

16
Taher Fresh Dough Pizza
Cheese or Double Pepperoni
Glazed Carrots
Caprese Beet Salad
Strawberry Rhubarb Crisp

17
All Beef Hotdog or Bratwurst
Baked Beans
Chips
Sour Cream Dill Potato Salad

20
Moroccan Lemon Chicken Legs
Roasted Red Potatoes
Steamed Peas
Middle Eastern Chopped Salad & Lemon Vinaigrette

21
Chicken Enchiladas
Cilantro Lime Rice
Pinto Beans
Sauteed Green Beans
Green Goddess Salad

22
Italian Lasagna
Sauteed Yellow Squash & Zucchini
Spring Salad with Orange Vinaigrette

23
Beef Brisket
Mashed Potatoes
Sweet Corn
Marinated Vegetable Salad
Chocolate Chip Cookie

24
Grilled Cheese Sandwich
Tomato Basil Soup
Garden Salad

27
No School
Memorial Day

28
5th Grade Closing Ceremony

29

30

31

HARVEST OF THE MONTH



EXTRA INFO

For questions or comments, contact:
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BLAKE

