

The Blake School

Upper School Lunch Menu

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	Apri 2024	1
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Stir Fry V Lo Mein Noodles Vegetable Stir Fry V Egg Rolls With Soy Dipping Sauce Kung Pao Power Bowl Fortune Cookie	2 Chicken Lasagna V Vegetable Lasagna Steamed Green Beans Peperoni Pizza Brown Rice Risotto Power Bowl Italian Ice	3 Santa Fe Pork & Rice Bowl V Black Beans Fried Plantains & Roasted Peppers Chipotle Cream Sauce Chicken Gyro Sofrito Power Bowl Orange Poke Cake	4 Cacio E Pepe Roasted Cauliflower BBQ Chicken Pizza Chimichurri Power Bowl Sugar Cookie	5 Baked Potato Bar V Cheese Sauce Bacon & Cheese Sauce Fresh Broccoli Cheesy Chicken Burrito Lemon Pepper Power Bowl Sweet Treat
8 Oven Roasted Chicken V Mashed Potatoes Oven Roasted Carrots Vegetarian Gravy Shredded Beef Sandwich Crispy Tofu Power Bowl Rainbow Sherbet	9 Hawaiian Roasted Pork V BBQ Jack Fruit Vegetable Rice Sugar Snap Pea Sausage Pizza Teriyaki Power Bowl Rice Krispie Treat	Pasta Bar Pork Ragu V Alfredo Sauce V Marinara Sauce Roasted Zucchini Ham & Brie on Baguette Bulgogi Power Bowl Snickerdoodle Cookie	Smoked Chicken Gumbo V Vegetable Gumbo Jasmine Rice Steamed Asparagus Pesto Pizza Tandoori Power Bowl Chocolate Marble Cup	12 NOON DISMISSAL
Smoked Pork Loin V Smoked Tofu Steak Roasted Red Potatoes Roasted Sweet Corn Chimichurri Sauce Grilled Cheese Sandwich Hummus Power Bowl Frozen Treat	Lemon Herb Roasted Chicken V Stuffed Peppers Roasted Sweet Potatoes Roasted Tomatoes Meat Lovers Pizza Greens & Grains Power Bowl Blueberry Cake	17 Orange Chicken V Fried Rice Sugar Snap Pea Bratwurst Thai Lettuce Wrap Power Bowl Oatmeal Raisin Cookie	18 Italian Beef Goulash V Vegetable Goulash Glazed Carrots Chicken Sausage Fennel Pizza Pesto Power Bowl Bread Pudding	19 French Cuisine Menu Chicken Fricassee Lyonnaise Potatoes Spring Vegetable Jardiniere Open Faced Turkey Melt Nicoise Power Bowl Lemon Curd with Berry Compote
Beef Stroganoff V Mushroom Stroganoff Lemony Kale Ham & Cheese Croissant Sandwich Plant Based Power Bowl Ice Cream Treat	23 Buttermilk Fried Chicken V Black Eyed Peas Potato Salad Coleslaw Caprese Pizza BBQ Power Bowl Pineapple Upside Down Cake	24 Mongolian Beef V Mock Duck Steamed Brown Rice Roasted Asparagus Chicken Bahn Mi Sandwich Jamaican Jerk Power Bowl Chocolate Cake	25 Spring Vegetable Pesto Pasta Garlic Green Beans Korean BBQ Pizza Greek Salad Power Bowl Chocolate Chip Cookie	26 Turkey Roti Wrap V Garden Crumble Wrap Cheeseburger & French Fries Beans & Rice Power Bowl Lemon Dessert
29 Scrambled Eggs & Pork Sausage Hashbrown Potatoes Vegetarian Sausage Veggie Burritos Curry Power Bowl Mini Donuts	30 Baked Ziti Chicken Alfredo Baked Ziti Vegetable Alfredo Ratatouille Crispy Chicken Pizza Caprese Power Bowl Apple Crisp	1		





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