



# The Blake School Blake Lower School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Italian Lasagna Garlic Breadstick Turkey & Black Bean Soup Caesar Salad	2 French Toast Strata Turkey Sausage Hashbrowns Vegetable Blend Sausage & Kale Soup Strawberry Spinach Salad	3 Roasted Turkey Mashed Potatoes & Gravy Steamed Green Beans Chipotle Lime Soup Ancient Grain Salad	4 <b>No School</b>	5 <b>No School</b>
8 BBQ Beef Sandwich Party Potatoes Sautéed Asparagus Jalapeno Corn Chowder Snappy Pea & Pineapple Salad	9 Chicken Pot Pie Cooked Greens Chili Roasted Beet Caprese Salad	10 Linguine with Clam Sauce Steamed Broccoli Fresh Vegetable Primavera Soup Jicama Slaw	11 Chicken Chop Suey Steamed Brown Rice Sautéed Daikon & Red Pepper Chicken Noodle Soup Roasted Corn Tabouli Salad Dirt Cup	12 Taheer Fresh Dough Pizza Cheese or Roasted Vegetable Crab & Asparagus Soup Steamed Peas Cravin Crasin Salad
15 Chicken Drummie Bar Mashed Potatoes & Turnips Sautéed Edamame Beef Barley Soup Popeye Salad	16 Spaghetti & Meatballs Garlic Bread Baked Eggplant BLT Soup Mango, Banana & Blueberry Salad	17 <b>ST. PATRICK'S DAY</b> Turkey Philly Sandwich Grilled Rueben Wrap Sunchips Roasted Carrots Turkey & Sweet Potato Soup Green Vegetable Salad	18 Ground Turkey or Chicken Tacos All the Fixings Spanish Rice Cream of Mushroom Soup Vermont Apple Salad Ice Cream	19 Fish Sandwich Waffle Fries Baked Beans Vegetable Soup Hawaiian Coleslaw
22 <b>Spring Break</b>	23	24 <b>THE BLAKE SCHOOL 1900</b>	25	<b>NATIONAL NUTRITION MONTH</b> <b>MARCH</b> <b>HARVEST OF THE MONTH</b> Pineapple Potato

Harvest of the Month

*Nicole Thomas, R.D.*  
Food Service Director  
(952)988-3875

*Chef Christopher Loew*  
(952)988-3874



**MILK**  
The average American drinks 25 gallons of milk per year. Did you know that about 88% of all milk is water and only about 12% is solid substance that has nutritional value?

Menu is subject to change without notice

*Served Daily*  
Fresh Fruits & Vegetables, Skim & 1% Milk  
Yogurt, Deli Bar & Salad Bar  
Sunbutter & Jelly Sandwiches

