



The Blake School

Blake Lower School Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	FEBRUARY HARVEST OF THE MONTH 	1 Mole Chicken Creamy Polenta Queso Fresco Tomatoes Passole Black Bean Taco Salad	2 GROUND HOG DAY Italian Meatball Sub Tater Tots Steamed Broccoli Minnesota Wild Rice Soup Quinoa, Gouda & Apple Salad Oreo Cheesecake 	3 Turkey Pot Pie Sautéed Green Beans Quinoa Chicken Chili Brazilian Salad
6 Shrimp & Garlic Sauce Steamed Jasmine Rice Sautéed Sugar Snap Peas Italian Wedding Soup Pineapple Bulgur Wheat Salad	7 Gnocchi with Sausage & Spinach Glazed Carrots Crab & Corn Chowder Ginger Cucumber Salad	8 MS Science Fair Bag Lunch Buffet Sandwich Choice Chips Baby Carrots Fresh Fruit Choice	9 Tacos de Tinga Fixings Refried Beans Carrot Rosemary Soup Roasted Potato & Basil Salad Sugar Cookie	10 Midwest Goulash Sautéed Bean Blend Potato Cheddar Soup Athenian Couscous Salad
13 Pad Thai Rice Noodles Sautéed Bok Choy Tomato Basil Bisque Strawberry Salad & Cinnamon Vinaigrette	14 VALENTINE'S DAY Enchilada Bake Steamed Corn Passole Jareer Salad 	15 Lasagna Garlic Breadstick Steamed Broccoli Quinoa Chicken Chili Mango Salsa Salad	16 Indian Curry Chicken or Lamb Steamed Basmati Rice Sugar Snap Peas Minnesota Wild Rice Soup Minty Couscous Salad Ice Cream Treat	17 <div style="text-align: center; font-size: 2em; color: blue; font-weight: bold;">No Classes</div>
20 	21 MARDI GRAS Beef Tips Egg Noodles Steamed Peas Crab & Corn Chowder Greek Lettuce Salad	22 Pinto Bean Quesadilla Spanish Vermicelli Fixings Sautéed Peppers, Onions & Tomatillos Carrot Rosemary Soup Green Goddess Salad	23 Turkey Cannelloni Italian Vegetable Blend Calico Bean Soup Caesar Salad Chocolate Macaroon Cake	24 Wheat Crust Pizza Cheese or Roasted Vegetable Wilted Spinach Potato Cheddar Soup Telluride Pasta Salad
27 Mostaccioli with Meatballs Sautéed Asparagus Vegetable Barley Soup Cobb Salad	28 Turkey Breast with Chipotle, Black Beans & Corn Steamed Rice Cumin Roasted Carrots Matzo Ball Soup Muffaletta Pasta Salad	29 LEAP DAY Kim Chi Pork or Chicken Rice Noodles Steamed Edamame Cumin Roasted Carrots Chicken Noodle Soup Garden Salad 	<p style="text-align: center;">Available Daily: Skim, 1% Milk & Yogurt Fresh Fruits & Vegetables Salad Bar & Deli Bar Sunbutter & Jelly Sandwiches</p>	

Harvest of the Month

NEW

We hope you enjoy our menu selections from the **NEW** winter menu cycle!



Soybeans are an important ingredient for the production of crayons. In fact, one acre of soybeans can produce 82,368 crayons.

Elevators in the Statue of Liberty use a soybean-based hydraulic fluid.

Nicolle Thomas, R.D.
 Food Service Director
 (952)988-3875

Christopher Loew
 Executive Chef
 (952)988-3874

Menus are subject to change without notice.