

PERSONAL PROFILE

(To be completed during the summer preceding the senior year)

Name _____ College Counselor _____

E-mail: _____ Cell Phone: _____ Home Phone: _____

During the fall your College Counselors will write a recommendation to be sent to the colleges to which you apply. To assist us in preparing this statement, we ask you to complete this questionnaire. ***Please take your time with the questions and provide as much information as possible.*** Your responses provide material essential for writing the most supportive recommendation possible. Your College Counselor will be the only person to review this document—thorough content and legibility is more important than perfect grammar. Return the completed questionnaire to the Blake College Counseling Office no later than the first week of school.

ACADEMIC RECORD

What subject(s) have you found most enjoyable in the last two years? What has made them enjoyable for you?

What subject(s) have you found most difficult in the last two years? What has made them difficult for you?

What academic awards or honors, if any, have you earned? Indicate the years in which they were received.

As a student, where do you need to improve (skills, habits, etc.)? Be specific.

What do you consider your strong points as a student (writing, research, problem-solving, etc...)? Again, be specific! Give examples (for instance, discuss the best paper you have written at Blake).

With regard to your schoolwork, how are your personal potential and past academic performance related? Have there been any specific circumstances favoring or hindering your performance? Please describe.

Describe the ideal learning situation for you. What would you learn? What demands would be made on you? Feel free to draw on past classroom experiences as examples.

Have you ever been disciplined or suspended from upper school? Please explain when, why and what you learned from this experience. How did it help you grow as person?

Which teachers, coaches and activity advisors who know you best?

TEACHERS	SUBJECT AREA	COACHES/ADVISORS/OTHER	SPORT/ACTIVITY
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

CO-CURRICULAR ACTIVITIES (Do not limit yourself to Blake activities!)

ATHLETICS: List your athletic participation by grade and season. Circle the teams that were varsity. Indicate the years that were varsity. Include sports outside of school such as equestrian, crew, sailing, karate, skating, dance etc....

Fall

Winter

Spring

List any leadership positions (captain etc...) and any team, conference, metro or state awards you have earned.

ACTIVITIES: Check the organizations of which you were a member and indicate the year.

<u>Grade:</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>	<u>Grade:</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>
Band					Flash				
Jazz Express					Spectrum				
Choir: _____					Reflections				
Blakers Dozen					Speech				
Blakers in Treble					Math Team				
Debate					Science Bowl				
Drama/Thespians					Quiz/Knowledge Bowl				
Nat'l Art Honor Soc					Community Service Board				
Social Committee					Gay Straight Alliance				
International Club					Spring Lake Park Comm.				
SIAC's					Diversity Board				
Forum					Social Committee				
Student Judiciary Council					Prom/Homecoming Comm				
Class Officer					Open Mic Night: Organize/Perform				
Other: _____					Other: _____				

Please comment on you involvement in any of these activities or inform us of an activity in which you are involved that is not mentioned above. List any *leadership* positions (Captain, President, Chair, etc...) and any team/club/activity, school, conference, metro or state *awards* you have earned. Note if your contributions to any of these organizations have been especially significant. Describe them in detail and don't be modest. **We want you to brag!**

PERSONAL/OUTSIDE ACTIVITIES:

Give a concise but detailed description of your involvement in activities outside of school (examples: church/temple youth groups, musical groups, scouts, non-school athletic events ie: skating, horseback riding, etc.). Be sure to list awards you have won or leadership positions you have held.

List and describe any volunteer/community service experience and any leadership roles. Please explain why the experience was especially significant to you. List any awards or honors you may have won.

List and describe any paid work (employment) experience. If any experience was especially significant to you, explain why. List any awards or honors you may have received.

PERSONAL INTERESTS:

What are your hobbies? Be specific and indicate the depth of your involvement.

What books, people, ideas have been strong influences on your development and attitudes? Tell how they have influenced you.

Describe any independent study you have done as a student (beyond the regular requirements of a course or outside of school). What made you pursue this program? What insight did you gain? Why was it beneficial?

Indicate any significant travel experiences. Tell what made them significant.

What responsibilities do you have at home?

What personal qualities do you possess that you most want colleges to know about you? (energy, initiative, sense of humor, responsibility, etc.)

List **FIVE WORDS** that describe you as a person? What made you select each one of them?